



BY - RUTH GOMEZ

## Going for the Gold!

Just like athletes in the Olympics, providing exceptional home care requires dedication, training, and teamwork. Here are some golden tips to ensure your loved ones receive top-tier care at home:

**1. Safety First:** Just as athletes prioritize safety, ensure your home is free from hazards to prevent falls and injuries.

**2. Team Effort:** Home care, like Olympic sports, is a team effort. Collaborate with family, friends, and professional caregivers to provide comprehensive support.

**3. Routine and Training:** Establish a daily routine and encourage regular physical activity to stay strong and active, similar to an athlete's training regimen

**4. Nutrition Matters:** Provide a balanced diet rich in nutrients, akin to an Olympian's meal plan, to maintain health and vitality.

**5. Mental Fitness:** Keep the mind sharp with engaging activities, just as athletes stay focused and mentally prepared for their events.

**6. Celebrate Successes:** Acknowledge and celebrate small victories in daily care, much like celebrating an athlete's achievements.

By approaching home care with the dedication and spirit of an Olympian, you can ensure your loved ones receive the gold standard of care.

*Danville Supports*

In this newsletter you can expect:

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Going for the Gold

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SLC Events

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Park City Events

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St. George Events

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Staff Appreciation

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Nursing Program

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## August Events



### Salt Lake City

- **4th Tuesday Networking: Olympic Winners Party on August 27th at 9:30am**
  - We are hosting our SLC area networking meeting. Sherry Myers our community liaison hosts this meeting with support from Marketing Association Ruth Gomez. Takes place @ 7351 S. Union Park Ave Midvale, UT, 84047 in the 1st Floor Conference Room.
- **Caregiver Training: Music Therapy on August 28th at 8am**
  - Our next caregiver training will be taught by Harmony Music Therapy. We will be learning about the many benefits of music therapy.



### Park City

- **PFS hosted by Applegate: August 13th**
  - Professionals for Seniors is a networking event hosted by our Park City Branch Manager Lora Davis. This month, Applegate will be co-hosting. For more details please email Lora at [l.davis@danvilleservices.com](mailto:l.davis@danvilleservices.com)



### St. George

- **Professionals for Seniors: August 28th, 510 E Ovation Place Washington, UT 84780 @ 12pm**
  - This networking meeting is planned by our Director of Marketing Lynn Long. This month's event will be co-hosted by Ovation at Sienna Hills. RSVP: [RSVP 801 316-1147](tel:8013161147)

To Stay Up to Date with our events, follow us on Facebook or Instagram @danvillesupportservices

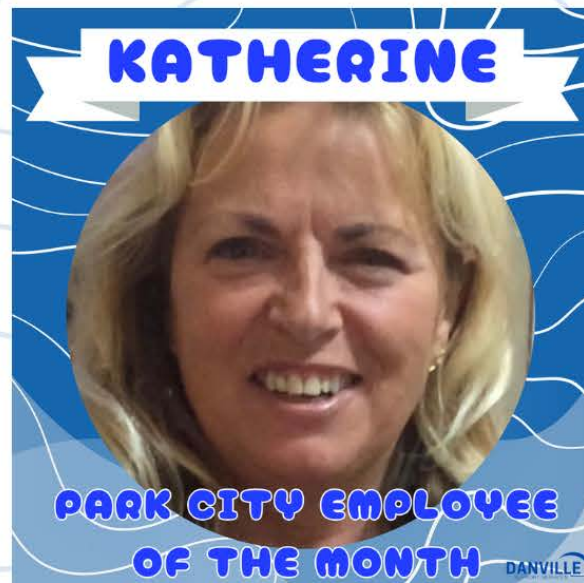
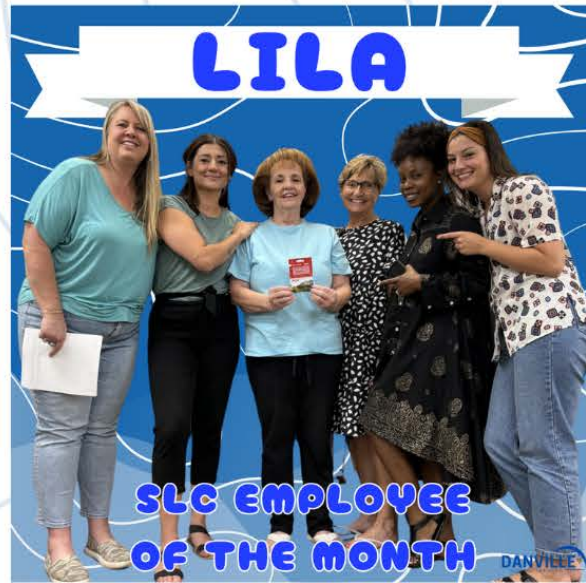
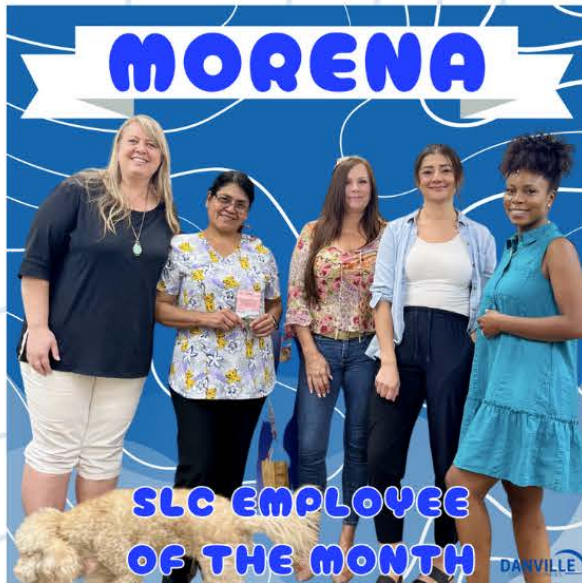


Pictured: Park City staff training on Hospice Care at Rocky Mountain -The Lodge in Heber on July 29th. Thank you to Enhabit Homehealth and Hospice for providing the training.

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## July Employee of the Month Recognitions



### St. George Employee of the Month: Teresita

Teresita elected not to be pictured in this month's newsletter. She has been with the St. George Branch since they opened. She has always been on time and provides great care for acute care clients. She is skilled and knowledgeable. We appreciate her dedication and are so happy she is a part of our St. George Team!

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## Special Thanks & Birthday Wishes



**Wishing Anita &  
Ruth A Fantastic  
Birthday Month!**



### A Special Thanks to Emily R.

Kudos to Emily. One of her clients reached out to tell us Emily has been very professional, helpful, and most importantly, that she feels heard by Emily.



### A Special Thanks to Melody S.

A client of Melody's reached out to tell us. "She is great.

She does everything right and I don't have to always tell her what to do. She can see what needs to be done without being asked. I really appreciate her."



## Danville Home Health & Wellness Nurse:

Coming soon to SLC, Danville is working on providing skilled nursing care to patients in their homes. As of now, our Nursing Director Stacy Anderson helps with medication management, and care management for clients that opt into this service.



Our expanded nursing program will offer:

- Patient Assessment & Care planning
- Skilled Nursing Care: Wound Care, Med Administration, catheter care, vital sign monitoring
- Health Education
- Patient Advocacy & Support

We are working hard to roll out this expanded nursing program. For more information or if you'd like to help, please contact our Administrator Marisol Aguirre-Rochin at [m.rochin@danvilleservices.com](mailto:m.rochin@danvilleservices.com).

To stay up to date with this program, follow our social media where we share the latest news.

*Thanks for reading!*

 Danville Support Services  
 @danvillesupportservices

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