



# Monthly Newsletter

01 June 2024



**BY - RUTH GOMEZ** 

#### Welcome to our newsletter!

It's been a long time coming but we finally have our newsletter ready to go!

Firstly, we'd like to express our gratitude to our senior services community! We appreciate your support.

This month has been a busy one so far with two conferences, and lots of changes in the office.

As many of you know, our Administrator Holly Pokorny stepped out of her role to begin her life in Vegas. We are so happy for her and think fondly of our time together.

We are also excited to formerly announce our SLC branch manager Marisol Aguirre-Rochin is our new Administrator. Marisol is a fierce and kind leader. She is bold, like her ever changing and fabulous lip stick colors. Congratulations Marisol!

Following suit, and stepping into a new leader role is MIchelle Moir, who has transition from Scheduling Manager to SLC Branch Manager! Michelle has been with Danville for 21 years. She is a true Danvillian, and we are thrilled she said yes to being our Branch Manager.

Finally, we want to remind everyone that the work you do matters.

Together, we can make a real difference in the lives of those who need it most. Thank you for your continued support!

Enjoy this month's newsletter!

Darville Supports

# In this newsletter you can expect:

Danville Supports Updates

SLC Events & News

Park City Events & News

St. George Events & News

Staff Appreciation

Care Tips









#### Danville News

Check it out, we won Best of Home Care's Leader in Experience, Provider of Choice, and Employer of Choice Award for 2024!

We strive for excellence in our field, and it is nice to see that reflected in these accolades.

To read more about it, check out our blog below or scan the QR code:

https://danvillesupports.com/danvillesupport-services-four-time-winner-ofhome-care-excellence-awards/

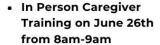




#### June Events & Updates



Salt Lake City



- Belle Vie Hospice will be providing our caregivers with an in depth look into hospice care. Additionally, she will provide instruction on how to know when its the right time to contract hospice.
- 4th Tuesday Networking on June 25th at 9:30am
  - We are hosting our SLC area networking meeting. Sherry Myers our community liaison hosts this meeting with support from Marketing Association Ruth Gomez.



Park City

- Professionals for Seniors on June 11th at Summer House Farms in Midway, Utah
  - Professionals for Seniors is a networking event hosted by our Park City Branch Manager Lora Davis, in partnership with a different company each month. Her hosting helps us stay connected with other care professionals in the area, Thank you Lora!



St. George

- Professionals for Seniors;
  June 28th at 12pm
  - This event is presented by Danville Support Services and hosted by a different business each month.
     This month Barney McKenna & Olmstead will be hosting.
- TO STAY UP TO DATE WITH OUR EVENTS, FOLLOW US ON FACEBOOK OR INSTAGRAM @DANVILLESUPPORTSERVICES



Welcome to the team Kim!

KIM ALDERMAN IS OUR NEW PARK CITY ASSITANT BRANCH MANAGER

## Employee of the Month Recognitions









To read more about our awesome team members, check out their posts on our Facebook or Instagram @danvillesupportservices

## Special Thanks & Photo Gallery







# A Special Thanks to Daytona

"Daytona B is a wonderful caregiver. We wanted to highlight her recent work with a client. The client had to cancel services but said this about her, 'Daytona was wonderful and it's been wonderful having her as a companion for my mom.' Thank you for all you do as caregivers. Your kindness and efforts do not go unnoticed. All of us in the office, the families and especially the clients you care for truly appreciate you!"







## Tips for Caregivers

Whether you're a part of our staff, or a family caregiver, it is important to remember to take care of yourself too!

Caregiver burnout is real, and valid. Here are some helpful tools:

#### Back to the Basics:

Focus on making sure you're basic needs are met

- · Get Enough Sleep
- Eat Delicious & Nutritious meals
- Regular Exercise
- · Stay Hydrated

#### Ask for Help when you Need It:

- Remember You are Not Alone
- It's Important to pay attention to you're body telling you what it needs, sometimes that is rest or support
- If you are a Danville Staff, please reach out to us for support. We are here for you.
- If you are a Danville Client, know you can always increase hours, if needed, or request a nursing visit.
- We are part of a large community of senior care professionals and have a wide list of resources ranging from wound care to home maintenance to computer help to chaplains, and beyond. Give us a call if needed.

Thank you for reading!

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